

Internationally Accredited Programmes in Neuro Linguistic Programming

NLP Diploma Programme Advancing Performance - Introducing Emotional Intelligence

4 days (2 x 2 day) experiential workshops. The basic skills of NLP.

This course will enable you to:

- Understand the basic principles, tools and techniques of NLP and Emotional Intelligence
- Learn the mechanics of communication
- Identify your own communication style
- Appreciate different communication styles and readily adapt to other people
- Build relationships instantly
- Learn the subtleties of human behaviour
- Bring out the best in people
- Take other perspectives and gain greater insights into how we think and act
- Understand and influence personal impact

NLP Practitioner Programme Leading The Way - How To Become Emotionally Intelligent

16 days (8 x 2 day) experiential workshops, enabling delegates to understand and practice all of the foundation skills of NLP.

This course will enable you to:

- Recognise, acknowledge and build on natural abilities
- Ignite imagination and creativity in the workplace
- Understand what's behind the language we use
- Interact with people who appear to be difficult – or is it me?
- Communicate eloquently and articulately with 'everyone'
- Explore different thinking styles and learn to respond to difference with ease
- Find the solution in the problem – it's all in the words
- Give appropriate and sensitive feedback
- Develop the ability to read people better
- Activate innate personal skills and capabilities
- Manage people more effectively
- Enhance self-esteem
- 'Sell' yourself
- Achieve goals by removing personal and organisational obstacles

Also available:

- NLP Practitioner through blended learning and NLP Master Practitioner
- Executive and personal Skills coaching
- Tailored workshops and senior leadership development programmes

